

Delaware Volleyball

New Blue Hens

NGWSD

Meet our new Blue Hens!

Maria Bellinger, an outside hitter from Paramus, NJ, has enrolled early at UD and began spring training with our team.. Maria helped lead Paramus High School to the 2015 state championship while being named the New Jersey Gatorade Player of the Year and the Newark Star-Ledger State Player of the Year. She was also an AVCA Under Armour Honorable Mention All-American and Max Preps Medium Schools All-American.

Julia Hayes, a middle hitter from Union, NJ, was named the Union County Player of the Year along with receiving first team All-State honors for non-public schools and second team honors for all groups. Julia Plans to major in criminal justice at Delaware.

Bailey Pearlman, a right side hitter from Fort Lauderdale, FL, helped lead Cardinal Gibbons High School to a state championship in 2015. Bailey was a first team Sun Sentinel All-County selection. She plans to major in education at UD.

Kori Rasmussen, an outside hitter from Rolling Hills Estates, CA, was named Palos Verdes Peninsula High School's team MVP this past season. She was also a first team All-Area and All-Bay league selection. Kori plans to study nursing at Delaware.

On top of achieving various athletic accolades, all four future Blue Hens have also excelled in the classroom. Maria is a member of the National Honor Society, and Julia is a member of the National Honor Society and French National Honor Society. Bailey is an honor roll student who is a member of the Latin Honor Society, and Kori is a member of the Science National Honor Society and Mu Alpha Theta, the Mathematics Honor Society.

We are SO excited for them to join our Blue Hen family!

DELAWARE VOLLEYBALL RECRUITS



**MARIA
BELLINGER**



**BAILEY
PEARLMAN**



**JULIA
HAYES**



**KORI
RASMUSSEN**

Delaware Athletics celebrated National Girls and Women in Sports Day on Sunday. We welcomed around 160 girls to campus for a clinic that had ten stations involving coaches and student-athletes from softball, lacrosse, golf, track/cross country, soccer, tennis, rowing, swimming and diving, field hockey and volleyball. Taylor, Julia, Raven and Daria represented our team and taught girls ages 5-12 how to bump, set and spike.



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Spring Fling

Save the Date! Spring Fling 2016 has been scheduled for Saturday, May 7th. South campus will be busy with multiple other events scheduled, including Blue Hen softball and baseball games, the football spring game, DATA 5K race, and the annual Blue Hen Fandemonium. Find three of your friends and come play in our 4's outdoor grass tournament! <http://www.udel.edu/volleyball/springfling/>



Congrats!

Did you know our mascot is a National Champion? YouDee secured his sixth national championship at the UCA Nationals on January 15th. Congrats YouDee! Way to represent Delaware! Congratulations also to our UD Cheerleading team who placed 2nd at nationals. The Dance team finished 3rd in Hip Hop and 4th in Jazz in the nation! Thank you for always supporting UDVB at our home matches!



Summer Camp

Our 2016 camp dates have been released! Space fills up fast, so make sure to register early. You can register online or by printing out and mailing in a brochure. For more information or to register, go to our website at www.delawarevolleyballcamp.com

1. Overnight Camp: July 10th-13th
2. Serve, Set Hit: July 25th & 26th, 9:30am-12pm
3. Dig, Pass, Block: July 25th & 26th, 1-3:30pm
4. Offensive Methods & Techniques: July 27th & 28th, 9:30am-12pm
5. Defensive Methods & Techniques: July 27th & 28th, 1-3:30pm
6. Youth Camp: July 29th-30th, 9:30am-12pm
7. Sand Camp: July 29th-30th, 1-3:30pm
8. Team Camp: July 25th-27th, 6-8:30pm

Study Abroad

Senior Ariel Shonk spent winter session on a study abroad trip in Italy. Along with 25 other business students, Ariel studied at SIAF (International School for Advanced Education) in Tuscany and CIMBA in Paderno Del Grappa, which is a study abroad program that hosts school trips from multiple locations. The group also visited Pisa, Florence, Grosseto and Rome. Ariel learned that pasta is a part of every lunch and dinner in Italy, and she commented that the pizza was better than anything she ever had. She's pictured here in Tuscany.



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Apple Conference

Liz Tobey represented the volleyball team at the APPLE Conference in Grapevine, Texas the end of January. Along with Jennifer Judy, Bridget Burger, Kate Sneddon (rowing), Kenny McArthur (soccer) and Thomas Jefferson (football), Liz took in various sessions on topics ranging from substance abuse to nutrition to hazing. The purpose of the APPLE Conference is to educate and train student athletes and athletics department administrators about substance abuse prevention and health promotion. The overall goal is to have the representatives use what they have learned and carry out action plans when back on campus. Liz reflected on the experience, "Our group definitely had the most fun out of all the other universities. We learned that as a team we can make the university a safer place for all student athletes and the entire

athletic department."



First Snow!

This Blue Hen experienced her first snow! Corey Perkins, a freshman from Tampa, FL was excited to get back to campus when she heard we received our first winter storm a couple weeks ago. Most of it had melted by the time she returned, but she was able to see the snow fall for herself Tuesday!



Super Bowl

If you watched the Super Bowl, you might have seen a Blue Hen alum on the screen! Evan Washburn, a former Delaware Lacrosse player, served as a sideline reporter covering all aspects of the Carolina Panthers. At UD, Washburn helped lead the Hens to a NCAA Final Four berth in 2007. Although other former Blue Hens such as Joe Flacco and Mike Adams have participated in recent Super Bowls, Washburn



was the only UD representative on the field for Super Bowl 50. bit.ly/1K2P2UT

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Follow our team on Twitter **@DelawareVB**
Head Coach Bonnie Kenny also has an account **@bluehenbonnie**



Our team is on Instagram
@delawarevolleyball
You can also follow associate head coach Cindy Gregory **@c_gregory4**